

Year 6 HEALTH AND WELL-BEING		
Keeping Safe	Healthy Lifestyles	Growing and Changing
<u>Resisting pressure- how to protect our body and speak out when something is wrong</u> SCARF It's a puzzle Identify strategies for keeping personal information safe online; Rat Park Define what is meant by addiction, demonstrating an understanding that addiction is a form of behaviour What sort of drug is...? Explain how drugs can be categorised into different groups depending on their medical and legal context. Understand that drugs can have both medical and non-medical uses. Alcohol: what is normal? Understand the norms around drinking alcohol and the reasons for common misperceptions of these. Describe some of the effects and risks of drinking alcohol. To share or not to share? Know that it is illegal to create and share sexual images of children under 18 years old. Explore the risks of sharing photos and films of themselves with other people directly or online. Know how to keep their information private online. Pressure online Risks of sharing images online and how these are hard to control, once shared. Pressure to behave in a certain way because of the influence of the peer group. Know the norms of risk-taking behaviour and that these are usually lower than people believe them to be.	<u>Risk and effects of drugs</u> Positive and negative effects of taking drugs? <u>Media images- effect on our well-being?</u> How does the media distort the truth? SCARF I look great! Recognise that photos can be changed to match society's view of perfect. Identify qualities that people have, as well as their looks. We have more in common than not Know that all people are unique but that we have far more in common with each other than what is different about us. Consider how a bystander can respond to someone being rude, offensive or bullying someone else.	<u>SCARF</u> Is this normal? Physical and emotional changes associated with puberty. Suggest strategies that would help someone who felt challenged by the changes in puberty. Helpful or unhelpful? Managing change Recognise some of the changes they have experienced and their emotional responses to those changes. Suggest positive strategies for dealing with change; Boys will be boys? - challenging gender stereotypes Define what is meant by the term stereotype; How the media can reinforce gender stereotypes. Challenge stereotypical gender portrayals of people. Media manipulation How the media can sometimes reinforce gender stereotypes.
LIVING IN THE WIDER WORLD		
Rights and Responsibilities	Environment	Money
<u>The rights of a child-cultural practice and British Law</u> Link to British Values-What are their rights as a child? What could change these? SCARF Two sides to every story Understand and explain the term prejudice. Importance of mutual respect for different faiths and beliefs. Fakebook friends Know the legal age (and reason behind these) for having a social media account. Recognise that people's lives are much more balanced in real life, with positives and negatives. Tolerance and respect for others Understand and explain the term prejudice. Identify and describe the different groups that make up their school/wider community/other parts of the UK. Recognise the benefits of living in a diverse society.	<u>How Resources are allocated to the world</u> Identify fair trade How are the world's resources allocated to countries? <u>Difference between fair trade, how does it affect others?</u> Saving and budgeting What is the impact of buying fair trade SCARF Action stations! Describe the aim, mission statement, activity and beneficiaries of a chosen voluntary, community or action group. Happy shoppers Explain what is meant by living in an environmentally sustainable way. Suggest actions that could be taken to live in a more environmentally sustainable way.	<u>SCARF</u> <u>What's It worth?</u> Benefits of saving money. Describe the different ways money can be saved, outlining the pros and cons of each method. Describe the costs that go into producing an item. Suggest sale prices for a variety of items, taking into account a range of factors. Explain what is meant by the term interest. <u>Jobs and taxes</u> Recognise and explain that different jobs have different levels of pay and the factors that influence this. Explain the different types of tax (income tax and VAT) which help to fund public services. Evaluate the different public services and compare their value.

RELATIONSHIPS		
Feelings and Emotions	Healthy Relationships	Valuing Difference
<u>Who can you trust?</u> Who can you trust and not trust? What do you expect from people? <u>How to make new friends</u> Preparing for high school What should you look for in a new friend? <u>SCARF</u> Dear Ash Explain the difference between a safe and an unsafe secret. Identify situations where someone might need to break a confidence in order to keep someone safe. Dan's day Describe the consequences of reacting to others in a positive or negative way. Suggest ways that people can respond more positively to others.	Recognising when relationships are unhealthy What describes an unhealthy relationship? Personal boundaries and the right to privacy The importance of protecting people's personal space SCARF Solve the friendship problem Recognise challenges that arise from friendships. Strategies for dealing with such challenges. Working together Demonstrate a collaborative approach to a task. Behave yourself Recognise and empathise with patterns of behaviour in peer-group dynamics. Assertiveness skills Recognise peer influence and pressure. Don't force me Ways that people show their commitment to each other. Know the ages at which a person can marry. Everyone has the right to be free to choose who and whether to marry. Same-sex couples can have a civil partnership or get married. Acting appropriately Recognise that some types of physical contact can produce strong negative feelings; Know that some inappropriate touch is also illegal.	SCARF Advertising friendships! Explain the difference between a friend and an acquaintance. Describe qualities of a strong, positive friendship. Describe the benefits of other types of relationship (e.g. neighbour, parent/carer, relative). Respecting differences Demonstrate ways of showing respect to others, using verbal and non-verbal communication. For some people, gender identity does not correspond with their biological sex. (Alien Nation) Proud Trust OK to be different Recognise that bullying and discriminatory behaviour can result from disrespect of people's differences. Suggest strategies for dealing with bullying, as a bystander. Describe positive attributes of their peers.